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entrepreneurs in particular) to find  
ways to use your anger to your  
advantage.

## 3 Ways You Can Use Anger To Your Advantage

Use your anger to initiate the positive  
shifts you need to change your life.  
You must shift internally before you  
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Anger can be a great mobilizer of  
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We are not goddesses or matriarchs or edifices of divine forgiveness; we are not fiery fingers of judgment or instruments of flagellation; we are women forced back always upon our woman ' s power. We have learned to use anger as we have learned to use the dead flesh of animals, and bruised, battered, and changing, we have survived and grown and, in Angela Wilson ' s words, we are moving on.

(1981) Audre Lorde, “ The Uses of Anger: Women Responding ...  
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is one of those difficult emotions, for

many people. It is difficult to know

what to do with it, where to direct it

and what forms that rage may take;

this sense of difficulty is amplified

even further if the focus of your anger

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as Devina Singh (main and inset), can  
be seen yelling profanities in the  
police officer's face while failing to  
social distance or wear a mask. 'F\*\*k  
you ...

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