

The Rising Epidemic Of Gluten And Other Hidden Food Allergies How They Wreak Havoc And What You Can Do To Reclaim Your Health

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The Rising Epidemic Of Gluten ELIMINATE THE GLUTEN & Accelerate Your Health Gluten is a protein found in the seeds, also called grains, of the grass family of plants, including wheat, rye, barley, spelt, triticale, tributing to the rising epidemic of autoimmune diseases Many resist these concepts finding them either unbelievable, unacceptable ...

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Surprisingly, the number one factor causing autoimmune disease, or AID, is gluten. So why the sudden increase in the autoimmune disease when grain-based foods been around much longer than the 1950s? Well, that is related to the way the diets have changed over time.

The Rise of Autoimmune Disease | Gluten-Free Society

Against the grain Data from the National Health and Nutrition Examination Survey show the rising tide of gluten avoidance by people without celiac disease. Celiac diagnoses also rose, but probably...

What's really behind 'gluten sensitivity'? | Science | AAAS

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