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## **The Ayahuasca Test Pilots Handbook The Essential To Ayahuasca Journeying**

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In The Ayahuasca Test Pilot's Handbook, Chris Kilham becomes our great guide in understanding the phenomena of ayahuasca, informing and enlightening us on this most personal of plant journeys. Kilham covers the requisite basics of any thorough plant investigation, but also skillfully and reverently handles the concept of communication with 'plant spirit' and describes in detail—and with open-minded humor—the wide range of experiences a human can have on the ayahuasca journey.

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The Ayahuasca Test Pilot's Handbook by Chris Kilham 230 Pages "The Ayahuasca Test Pilot's Handbook" by Chris Kilham is a small but information-packed book perfectly sized for travel and guidance.

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The Ayahuasca Test Pilots Handbook is a candid and at times humorous book packed with important information to help people consciously navigate their way into and through their first experiences with ayahuasca.

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~~The Ayahuasca Test Pilots Handbook | Medicine Hunter~~

The Ayahuasca Test Pilots Handbook is an excellent introduction for those new to the ayahuasca experience and a solid reference for grizzled veterans. Highly recommended! --Dennis McKenna, author of Brotherhood of the Screaming Abyss "Chris Kilham writes convincingly and eloquently about some of his--and

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ayahuasca test pilot's handbook Chris Kilham's latest book, The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca

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Chris Kilham, author of *The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying*, described an ayahuasca voyage as joyful but difficult. The substance often causes prolific vomiting, sometimes compared to a literal purging of whatever is troubling the mind, heart or spirit of the participant.

~~Ayahuasca Monologues Reveal Pain And Healing In New York ...~~

The *Ayahuasca Test Pilots Handbook - The Essential Guide to Ayahuasca Journeying* is dedicated to Kilham's wife, Zoe Helene, and to the late Ipujiara, Bernardo Dias Peixoto, a shaman. Kilham's Ayahuasca Monologues have been described as a "psychedelic TED talk" and "Insightful, funny, wild, and totally real".

~~Chris Kilham - Wikipedia~~

Ayahuasca, a hallucinogenic tea brewed from leaves of a shrub that grows in South America, could stimulate the growth of new brain cells. ... *The Ayahuasca Test Pilot's Handbook: The Essential* ...

~~Ayahuasca Benefits: What Is Ayahuasca, What It Does to ...~~

Over that span, he has become one of the foremost advocates for the healing benefits of the ayahuasca space, and has recently compiled a comprehensive introduction to the experience in *The Ayahuasca Test*

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Pilots Handbook. Kilham approaches ayahuasca from a perspective of ultimate respect, and often refers to the plant brew by its most reverential and descriptive name, La Medicina.

~~Is Ayahuasca Right for You? — Utne~~

Finally, after 25 years of incubation, Peter Gorman's book is out. Ayahuasca in My Blood - 25 Years of Medicine Dreaming concerns his longstanding relationship with the Amazonian visionary medicine. Here's what people have said about it: "Unlike many writing about ayahuasca, Peter Gorman knows this plant and these forests long and well.

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Through his "Ayahuasca Test Pilots" program, Kilham has brought numerous people to the Amazon to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, The Ayahuasca Test Pilots Handbook is an indispensable guide for anyone curious about this unusual plant medicine.

"A practical, comprehensive guide to using ayahuasca for spiritual and



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personal transformation"--

The Ayahuasca Test Pilots Handbook provides a practical guide to ayahuasca use, aiding seekers in making right-and safe-decisions about where to go, who to drink with, and what to expect. Ayahuasca, the Amazonian psychoactive plant brew, has become vastly popular. Once the sole purview of shamans and indigenous native people in the great Amazon rainforest, ayahuasca is now becoming well known-and widely used-around the globe. Today, foreigners from all over the world flock in ever-burgeoning numbers to the steamy Amazon, drinking bitter ayahuasca with shamans and curanderos in order to access its potent healing and spirit-enlivening effects. What began as a mere trickle of visitors in the 1980s has become a surging riptide of seekers. Chris Kilham (Fox News's ''''''''Medicine Hunter''''''') has worked closely with South American shamans for two decades and has sat in ayahuasca ceremonies with at least 20 different shamans. Through his ''''''''Ayahuasca Test Pilots'''''''' program, Kilham has brought numerous people to the Amazon to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, The Ayahuasca Test Pilots Handbook is an indispensable guide for anyone curious about this unusual plant medicine.

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longstanding relationship with the Amazonian visionary medicine. Here's what people have said about it: "Unlike many writing about ayahuasca, Peter Gorman knows this plant and these forests long and well. Explorer, ethnobotanist, writer and raconteur - Gorman is uniquely qualified to tell this incredible tale. A wild mixture of adventure, horror, spirituality, tenderness, and insight, Ayahuasca in My Blood is most highly recommended!" -- Mark J. Plotkin, Ph.D, President, Amazon Conservation Team and author of Tales of a Shaman's Apprentice. "Long before ayahuasca tourism became a pastime for rich gringos, Peter Gorman was knocking around Iquitos and the Amazon. He's traveled the rivers and quaffed the brew with the best (and the worst) of them and been way, way beyond the chrysanthemum on many a dark jungle night. This is the intensely personal story of an old-school jungle rat for whom ayahuasca is not just a hobby, but a life-long quest." -- Dennis McKenna, Ph.D, noted ethnopharmacologist, co-author of The Invisible Landscape, co-founder of the Institute of Natural Products Research and founding board member of the Heffter Research Institute. "I have known and traveled with Peter for almost a decade and was present for a number of the events he included in this book as well as many others. Don Julio was the most powerful man I have ever had the privilege of knowing. Further, as a trained scientist I believe the plant medicine truly offers a doorway to a rich world that

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needs to be understood in our postmodern lives. This is destined to become a must read for anyone who is serious about understanding the world of the shaman." -- Lynn Chilson - CEO Chilson Enterprises, Inc.

Used for thousands of years by indigenous tribes of the Amazon rain forest, the mystical brew ayahuasca is now becoming increasingly popular in the West. Psychologist Rachel Harris here shares her own healing experiences and draws on her original research (the largest study of ayahuasca use in North America) into the powerful medicine's effects on depression, addiction, PTSD, and anxiety. In this wide-ranging and personal exploration, Harris details ayahuasca's risks and benefits, helping readers clarify their intentions and giving psychotherapists a template for transformative care and healing.

Internationally respected Peruvian shaman Don José Campos illuminates the practices and benefits of Ayahuasca with grace and gentleness and much respect and gratitude for the gifts Ayahuasca has bestowed on him throughout the 25 years he has been a practicing shaman. He takes the reader on a journey through his own difficulties in the discovery of other worlds, other dimensions, 'alien' entities and 'plant teachers.' Among other things, he discusses his difficulties in coping with some of the concepts taught to him by his plant teachers like the discovery

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that everything has consciousness. But if we accept this, our entire cosmology shifts for the greater benefit of mankind. Along with Don José's 'transmission,' we meet Pablo Amaringo. The world famous visionary painter talks about his art and his experiences as a shaman and the shocking reasons he stopped. Other voices include Julio Arce Hidalgo, biochemist and philosopher, and Don Solon, at 92 years old, the sole surviving Maestro of Don José. If one is interested in this most fascinating subject but is put off or frightened by the traveller's tales, this is the perfect book to introduce you to the profound experiences of Ayahuasca.

- Examines how ayahuasca affects the brain from a neuroscientific perspective and how its effects on consciousness relate to ancient esoteric texts
- Shares interviews with people who have experienced ayahuasca's powerful "spirit doctor" effects and the author's own ayahuasca journey from suicidal depression to a soul at peace
- Investigates how ayahuasca is interwoven with the ancient practices of Amazonian shamanism

Brewed from a combination of two plants--the leaves of *Psychotria viridis* and the vine stalks of *Banisteriopsis caapi*--ayahuasca has been used for millennia by indigenous tribes throughout the Upper Amazon for healing and spiritual exploration. The shamans of the Peruvian Amazon call the plant spirit within the vine

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Abuela Ayahuasca, Grandmother Ayahuasca. Exploring the history, lore, traditional use, psychoactive effects, and current scientific studies, Christian Funder reveals how Grandmother Ayahuasca is a profound healer, wise teacher, and life-changing guide. Examining ayahuasca from a neuroscientific perspective, the author looks at recent research on the effects of DMT--one of the psychoactive compounds in ayahuasca--as well as fMRI studies of brain activity during altered states. He explores these findings as they relate to the teachings on unified states of consciousness in ancient esoteric texts and to Aldous Huxley's theory of psychedelics inhibiting the "reducing valve" mechanism of the brain. Sharing interviews with people who have experienced ayahuasca's powerful "spirit doctor" effects, Funder also details his own revolutionary ayahuasca healing journey from suicidal depression to a soul at peace. He explores ayahuasca's relationship to indigenous Amazonian shamanism, including an inside look at the Shipibo tribe and the healing songs known as icaros. Offering a holistic picture of ayahuasca--from science to spirit--the author shows that this venerated hallucinogenic tea has immense therapeutic potential and just might be the long-lost shamanic connection to the sacred Gaian mind.

A trailblazing anthropologist and an indigenous Amazonian healer

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explore the convergence of science and shamanism "The dose makes the poison," says an old adage, reminding us that substances have the potential to heal or to harm, depending on their use. Although Western medicine treats tobacco as a harmful addictive drug, it is considered medicinal by indigenous people of the Amazon rainforest. In its unadulterated form, it holds a central place in their repertoire of traditional medicines. Along with ayahuasca, tobacco forms a part of treatments designed to heal the body, stimulate the mind, and inspire the soul with visions. In *Plant Teachers*, anthropologist Jeremy Narby and traditional healer Rafael Chanchari Pizuri hold a cross-cultural dialogue that explores the similarities between ayahuasca and tobacco, the role of these plants in indigenous cultures, and the hidden truths they reveal about nature. Juxtaposing and synthesizing two worldviews, *Plant Teachers* invites readers on a wide-ranging journey through anthropology, botany, and biochemistry, while raising tantalizing questions about the relationship between science and other ways of knowing.

A great read for seekers and thrill-seekers interested in ayahuasca tourism, entheogens, and counterculture studies, this companion volume to the author's memoir *Aya Awakenings* collects in-depth interviews with native Amazonian curanderos (healers) and Western shamans traveling

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the "gringo trail" in the jungles of Central and South America in search of a direct encounter with ayahuasca's multidimensional reality. In areas of Brazil, Ecuador, and Peru, the traditional herbal brew known as ayahuasca or yajU is legally used to heal physical ailments and to cleanse and purify the spirit by connecting it to the web of life; Sting and Tori Amos have admitted sampling it in Latin America, as has Paul Simon, who chronicled the experience in his song "Spirit Voices." Australian journalist Rak Razam documents the thriving business of 21st-century Amazonian hallucinogenic shamanism from multiple perspectives, revealing the stark differences between indigenous and foreign approaches as well as the commonalities.

Contents INTRODUCTION 1. INDIGENOUS CURANDEROS Adela Navas De Garcia Guillermo; Percy Garcia Lozano; Elias Mamallacta; Don Francisco Montes Shuna; Norma Panduro Navarro and Paula Harbrink Numan; Don Juan Tangoa Paima; Sara Alicia Ferreira Yaimés 2. WESTERN SHAMANS Kevin Furnas; Scott Petersen; Carlos Tanner; Ron Wheelock 3. AYAHUASCA WORKERS Chuck; Jan Kounen; Dennis McKenna; Alan Shoemaker 4. SEEDS Alexis; Brian; Javier; Joel and Elsa; Pedro; Rachel ; Rolando; Wind Spirit Center

A compilation of writings on the chemical, biological, psychological, and experiential dimensions of Ayahuasca • Includes 24 firsthand



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accounts of Ayahuasca experiences and resulting life changes, including contributions from J. C. Callaway, Charles S. Grob, and Dennis J. McKenna • Discusses the medical and psychological applications of Ayahuasca Ayahuasca is a hallucinogenic Amazonian plant mixture that has been used for hundreds, perhaps thousands, of years by native Indian and mestizo shamans in Peru, Colombia, and Ecuador for healing and divination. Many Western-trained physicians and psychologists have acknowledged that this substance can allow access to spiritual dimensions of consciousness, even mystical experiences indistinguishable from classic religious mysticism. In Sacred Vine of Spirits: Ayahuasca Ralph Metzner, a pioneer in the study of consciousness, has assembled a group of authoritative contributors who provide an exploration of the chemical, biological, psychological, and experiential dimensions of ayahuasca. He begins with more than 20 firsthand accounts from Westerners who have used ayahuasca and then presents the history, psychology, and chemistry of ayahuasca from leading scholars in the field of psychoactive research. He concludes with his own findings on ayahuasca, including its applications in medicine and psychology, and compares the worldview revealed by ayahuasca visions to that of Western cultures.

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