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manuals. It s black and white photographs appear a bit dated, but the information is presented in clear, simple terms that anyone can understand and follow

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manual covers common clinical conditions with easy to follow instructions for new users conditions covered include carpel tunnel syndrome menstrual cramps low back strain spasms kinesio taping perfect manual amazing taping therapy to eliminate pain and muscle Page 28/37

disorders for the advanced professional who already has a good grip on the concepts and basic application of the

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Written more for the general population, the Kinesio Taping® Perfect Manual covers common clinical conditions with easy-to-follow taping applications. Conditions covered include: Carpel Tunnel Syndrome, Menstrual Cramps. Low Back Strain/Spasms, etc. Page 30/37

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illustrations are nicely
done so they are easy
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