

## Mental Health Progress Notes Wording Examples

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**Progress Note** Clinician's Corner: Writing a good progress note ~~Therapy Interventions Cheat Sheet for Case Notes~~  
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This sample mental health progress note was created in 2 minutes using the ICANotes mental health EMR. The only words typed by the clinician are highlighted in yellow. Visit [http:// www.ICANotes.com](http://www.ICANotes.com) for a free trial or live demo OUTPATIENT PSYCHIATRIC CLINIC 2121 Main Street Raleigh, NC 27894 919 -291 -1343

**Mental Health Progress Note Sample**  
Because you use the same interventions for multiple clients, you can speed up the progress note-writing process by keeping a list of commonly-used intervention words handy. When you're casting about for the right word, simply refer to your list! While the words you choose will depend on your clients and the treatments you use, we're sharing an extensive list of common interventions as well as intervention words to use in your progress notes so you're never at a loss for the perfect one.

### Commonly-Used Intervention Words for Mental Health ...

Progress Notes Many types of progress notes can be generated in ICANotes: Individual Therapy, Couples Therapy, Group Therapy, Case Management, Play Therapy, and more. Each note captures the patient's interval history and mental status exam as well as the clinician's diagnosis and recommendations.

### Sample Notes Therapy Notes | ICANotes Behavioral Health EHR

This Appendix covers two kinds of notes written about psychotherapy—progress notes and psychotherapy notes—and highlights the practical value of this important distinction. Progress notes are part of the client record or file, as noted below. Psychotherapy notes are not part of the file. After an overview of the client file or record, the difference between these two kinds of notes is discussed along with guides for writing progress notes.

### Progress Notes and Psychotherapy Notes

TIPS For Mental Health Counseling Client's Progress Notes . Mental Status Definitions. Affect: current display of emotional state. Euthymic: normal, absence of depressed or elevated emotional experience. Irritable: easily annoyed, impatient. Constricted: mild reduction of intensity of emotional experience. Blunted: significant reduction of intensity of emotional expression

### Clinical Progress Notes - Coping.us

Psychotherapy notes, also called process or private notes, are notes taken by a mental health professional during a session with a patient. Psychotherapy notes usually include the counselor's or psychologist's hypothesis regarding diagnosis, observations and any thoughts or feelings they have about a patient's unique situation.

### Progress Notes Vs. Psychotherapy Notes | Key Differences

Progress notes are a tool for reflecting on a client's movement towards their goals as identified in their Individual Support Plans and also represent a record of events on each shift or visit, a communication tool for staff.

### Client Progress Notes Guidelines Purpose

Progress notes should clearly indicate the type of service provided and how the service is medically necessary to address an identified area of impairment, and the progress (or lack of progress) in treatment.

### CLINICAL DOCUMENTATION GUIDE

Each progress note must show that the service met "medical and service necessity" criteria 9. Progress notes should clearly indicate the type of service provided and how the service is to address an identified area of impairment, and the progress (or lack of progress) in treatment. 10.

### CLINICAL DOCUMENTATION GUIDE - Contra Costa Health Services

A progress note is the most appropriate utilization review and quality of care evaluations. A progress note can also collect important and significant data that is useful in research and future developments in medical. You may also like meeting note examples & samples. A progress note is accurate and timely.

### 18+ Progress Note Examples & Samples in PDF | DOC

Many types of progress notes can be generated in ICANotes: Med Check Progress Notes, Group Therapy Notes, Counseling Notes, Nursing Notes, Case Management Notes, and more. Each note is designed to capture the patient's interval history and mental status exam as well as the clinician's diagnosis and recommendations.

### Sample Psychiatric Progress Notes | ICANotes Behavioral ...

The content of mental health notes can vary depending on your clinician and the type of care you receive. Like medical notes, mental health notes often include a diagnosis, a summary of what you shared with your clinician, medication updates, your clinician's assessment of your health, a treatment plan or next steps, and other information ...

### Mental Health - Open Notes

The Mental Health Division provides an array of opportunities for partners to work together in the spirit of hope toward recovery. This includes programs and services for children, adolescents, young adults, adults, and older adults of Contra Costa County. ... MHC062-4T - WRAP Progress Note/Billing Form (04/17) MHC(SC)-065T - Annual Clinical ...

### Clinical Documentation Forms :: Behavioral Health ...

A counseling note serves as a reference point for the mental health provider regarding the patient's diagnosis and progress. Counseling notes are always separate from billing information and medical records and may never be shared without prior authorization from the patient.

### The Most Important Things to Include in a Counseling Note ...

The Progress Note - Progress Notes document delivered services that are linked to an intervention identified on the Client Treatment & Recovery Plan. Progress Notes document progress the client is making toward their objectives. The Clinical Loop is not a one-time activity.

### MENTAL HEALTH DOCUMENTATION MANUAL

New York State Office of Mental Health 2 Telemental Health Services Guidance for Local Providers Introduction ... • The following should be considered for inclusion within the progress notes: • Location of the Telemental Health Practitioner • Location of the recipient

### November 2019 Telemental Health Services Guidance for ...

Developed with support from The Mental Health Association of New York City, Inc. (MHA-NYC) The Mental Health Association of New York City (MHA-NYC) is a national leader in developing ... Tips for Writing Good Progress Notes 23 Sample Progress Note 24 SECTION 3: SELF ASSESSMENT TOOLS 25 Introduction to Self Assessment Tools 26

### Case Management Toolkit 01-06-11 - New York City

New York State Office of Mental Health Bureau of Inspection and Certification Questions and Answers. Standards of Care: Assessment ... Many times progress notes identify these events yet there is no documentation of a new risk assessment having been completed. When stressors are identified there should be a new risk assessment completed and the ...

### New York State Office of Mental Health Bureau of ...

OFFICE OF MENTAL HEALTH. PART 599. CLINIC TREATMENT PROGRAMS. 14 CRR-NY 599.10. ... Progress notes shall be recorded by the clinical staff member(s) who provided services to the recipient upon each occasion of service. These notes must summarize the service(s) provided, update the recipient's progress toward his or her goals, and include any ...