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In Against Happiness, the scholar Eric

G. Wilson argues that melancholia is

necessary to any thriving culture, that

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painting, music, and innovation—and

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~~Melancholy~~  
that it is the force underlying original insights. So enough Prozac-ing of our brains. Let ' s embrace our depressive side as the wellspring of creativity.

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In Against Happiness, the scholar Eric G. Wilson argues that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation and that it is the force underlying original insights. So enough Prozac-ing of our brains. Let's embrace our depressive side as the wellspring of creativity.

~~Against Happiness: In Praise of Melancholy: Wilson, Eric G ...~~

In Against Happiness: In Praise of Melancholy, Wilson suggests it would be better to relish the blues that

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~~Melancholy~~ make humans people. Eric G. Wilson is the Thomas H. Pritchard Professor of English at Wake Forest University in Winston-Salem, North Carolina.

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Against Happiness, In Praise of Melancholy by Eric G. Wilson is a philosophical meditation on today's obsession with happiness, the constant fight to eradicate any trace of sadness or melancholy and any moment of doubt and inner questioning by all means including numbing entertainment, medication, excessive insistence on positive thinking and vilification of blueness. He argues that all these lead to a diluted existence, indeed to a refusal of true existence itself.

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case for the dark night of the soul  
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today's mania for cheerfulness. One  
would almost say that, in its eloquent  
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meaning, Against Happiness lifts the  
spirits. ” — Colin McGinn, The Wall  
Street Journal

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~~Against Happiness: In Praise of Melancholy~~ | IndieBound.org

BF575.M44 W55 2008. Against Happiness: In Praise of Melancholy is a nonfiction book by Eric G. Wilson that examines the benefits of being sad. The author denotes in the book that diagnosable conditions should be treated accordingly, and is in no way saying it is "normal" or "good" to be depressed. Rather, he seeks to point out that melancholy, or as he dubs it "generative melancholy" can be a powerfully creative force that has motivated the likes of Virginia Woolf, John Keats, Vincent van ...

~~Against Happiness~~ - Wikipedia

In the remainder of Against Happiness: In Praise of Melancholy, Wilson goes on to explore how we



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can avoid falling in the trap of such shallow and superficial “happiness,” reap the spiritual benefits of darker emotions, and learn to be ennobled and creatively empowered rather than consumed by them.

~~In Praise of Melancholy and How It Enriches Our Capacity ...~~

Against Happiness This blog exposes the limitations of happiness and reveals the powers of life's more acerbic sides--melancholia, morbid curiosity, and irony--all of which I explore in my recent books:

EVERYONE LOVES A GOOD TRAIN WRECK: WHY WE CAN'T LOOK AWAY; AGAINST HAPPINESS: IN PRAISE OF MELANCHOLY; THE MERCY OF ETERNITY: A MEMOIR OF DEPRESSION AND GRACE; and MY BUSINESS IS TO

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CREATE: BLAKE'S INFINITE WRITING.

## Against Happiness

Let's embrace our depressive sides as the wellspring of creativity. What most people take for contentment, Wilson argues, is living death, and what the majority takes for depression is a vital force. In *Against Happiness: In Praise of Melancholy*, Wilson suggests it would be better to relish the blues that make humans people.

## ~~Against Happiness: In Praise of Melancholy~~ Kindle ...

Praise for *Against Happiness* “ Mr. Wilson's case for the dark night of the soul brings a much needed corrective to today's mania for cheerfulness. One would almost say that, in its eloquent contrarianism and earnest

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search for meaning, Against Happiness lifts the spirits. ” — Colin McGinn, The Wall Street Journal

~~Against Happiness | Eric G. Wilson | Macmillan~~

In *Against Happiness*, the scholar Eric G. Wilson argues that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation—and that it is the force underlying original insights.

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~~Against Happiness: In Praise of Melancholy – Eric G ...~~

“ Against Happiness ” is a controversial book, in the context that it ‘ glorifies ’ melancholy as the source of creativity, and criticizes people for wanting to be constantly happy, even stating that such endeavors might destroy this world. We recommend it to self-help buffs and all those who feel intrigued by this subject.

~~Against Happiness PDF Summary – Eric G. Wilson | 12min Blog~~

Against Happiness Quotes Showing 1-1 of 1. “ Surely some of you have felt the same way that I do. You have turned sullenly from those thousands of glowing, perfect teeth lighting the American landscape and slouched to

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the darkness—the half-lighted room, the twilight forest, the empty café. There you have sat and settled into the bare, hard fact that the world is terrible in its beauty, indifferent much of the time, incoherent and nervous and resplendent when on certain evenings, when the ...

~~Against Happiness Quotes by Eric G. Wilson~~

Against Happiness NPR coverage of Against Happiness: In Praise of Melancholy by Eric G. Wilson. News, author interviews, critics' picks and more.

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